

# Cohort Immersion program

## *dare to lead*<sup>TM</sup>

*Based on the research of Brené Brown*



Extended programs for intact teams within organizations

Customized to meet your unique requirements

Contact us for further details





# The World needs braver leaders!

## Daring Leaders and Teams ...

- Are self-aware
- Know how to have hard conversations
- Hold themselves and others accountable
- Build trust and cultivate diversity
- Lead with empathy and connection
- Take smart risks that lead to innovation
- Reset quickly after disappointments and setbacks
- Give and receive effective feedback
- Create high levels of engagement and team retention
- Resolve interpersonal issues proactively
- Deliver results with optimal team performance

# Discover our exclusive cohort program

The program is tailored specifically for intact teams, strategically integrating training with the dynamics and collaboration of daily work. Led by Morten Oure, a Certified Dare to Lead™ Facilitator, in collaboration with co-facilitator Tina Oure, the program unfolds across four main Dare to Lead™ modules.

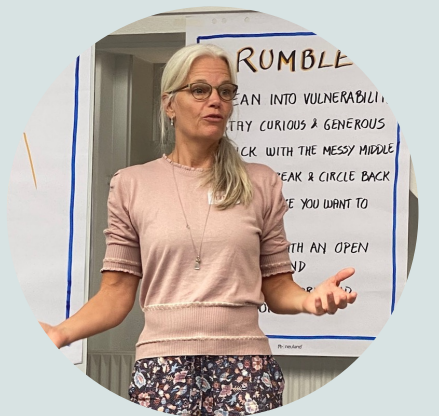
EQ sessions will be integrated in the course, and facilitated by Tina Oure, aimed at cultivating self-awareness and alignment with relevant themes.

Our holistic approach combines engaging lectures, exclusive Brené Brown videos, dynamic group discussions, reflective exercises, and hands-on action learning utilizing your organizational case-studies.

The true essence of our program lies in the collaborative engagement with your colleagues. Through exchange of experiences and insights, trust is fostered, and valuable feedback encounters are cultivated, enriching your organizational culture and fostering growth.

## Course Inclusions:

- Daring Leader Assessment
- The Dare to Lead™ book
- Exclusive Dare to Lead Workbook for this course
- Dare to Lead™ Participant Certificate (upon completion)
- Dare to Lead™ Trained badge on your LinkedIn profile (upon completion)
- Access to Mojo Leadership's Dare to Lead Alumni Community on LinkedIn



# What you will learn

Discover the true courage in vulnerability! This program aligns deeply with the kind of leadership we believe in. Empowering you to cut through the noise and complexity with clarity, connection, and impact. Develop self-awareness for focused and regulated conversations and attain mindful flexibility for transitions between your professional settings.

Our goal is to guide you in finding and developing your personal call to courage, recognizing vulnerability as the gateway. Emphasizing collaboration, and understanding that this journey is not done alone.

Learn these four impactful skills sets from Dr. Brené Brown's research – inviting you to read them slowly, perhaps even twice:

1. **Rumbling with Vulnerability:** facing risk, uncertainty, and tough conversations with courage, clarity, and empathy.
2. **Living into our Values:** identify what you stand for and how to show up from a place of integrity every day.
3. **Braving Trust:** build meaningful and authentic connections with your teams, colleagues and customers so you can work together from a foundation of trust.
4. **Learning to Rise:** become aware of your emotions and stories and learn how to show up and lead with courage, even when faced with failure, disappointment, and setbacks.

***You don't need a title to lead; we are all leaders of our own lives.***

# Practicalities

**Location:**

We will collaborate with you to arrange a suitable venue.

**Cost:**

The price will be tailored to your specific requirements and will be determined based on factors such as the number of participants, timeline, and duration.

**Group Limit:**

Limited to 16 attendees to facilitate optimal discussion and enrich learning. However, we can also organize parallel courses for two groups if needed.

**Language:**

Course materials in English; language adjusted to English/Danish based on your preferences.

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*COPUS partnered with Mojo Leadership three years ago to address specific cultural tensions within our team and embark on a journey of transformation and leadership development. Through monthly 1:1 sessions and Dare to Lead training with Morten and Tina Oure, we've experienced remarkable personal and professional growth. Embracing a shared language of vulnerability, we now engage in regular 1:1s with our team, fostering a culture of courage, curiosity, trust, and honest feedback. The implementation of personality tests has deepened our mutual understanding. Inspired by the insights from Dare to Lead, I recently shared our leadership philosophy on live national television, discussing courage and vulnerable leadership. Notably, COPUS has also tripled its revenue over the last three years, reflecting both our commercial success and the positive impact on our internal dynamics.*

Julius Gabel, Managing Partner, COPUS

# Who?

## About your Facilitators

### Morten Oure

With over three decades of multifaceted experience as a coach, consultant, facilitator, and former CEO, Morten is passionate about fostering genuine growth within individuals and organizations. His extensive journey underscores the crucial role of courage in effective leadership - vital for steering authentically and nurturing trust-based cultures amidst unpredictable landscapes.

In 2019, Morten became one of the few Dare to Lead™ certified facilitators in Scandinavia, receiving direct training from Brené Brown. Since then, bringing this transformative program to various organizations, witnessing profound and impactful transformations cutting across industries, roles, and nationalities.

### Tina Oure

Co-facilitating alongside Morten in the journey of cultivating courageous leadership, Tina contributes with her background in somatic coaching and mindfulness, underscoring the importance of practicing EQ skills. Her extended knowledge and skills support the program, emphasizing its integration into day-to-day practices, thereby adding depth and relevance to its content.

## About Dr. Brené Brown

Brené is a research professor at the University of Houston where she holds the Huffington Foundation – Brené Brown Endowed Chair at *The Graduate College of Social Work*. She has spent the past two decades studying courage, vulnerability, shame, and empathy, and has completed a seven-year study on courageous leadership.



She is the author of five #1 *New York Times* bestsellers:

*The Gifts of Imperfection*, *Daring Greatly*, *Rising Strong*, *Braving the Wilderness*, and *Dare to Lead*, which also debuted at #1 on *The Wall Street Journal* and *Publisher's Weekly* lists.

If you're not familiar with Brené's work, learn more here:

[Brene's TED Talk](#) - The Power of Vulnerability (June 2010) (over 63 million views!)

[Brene's Netflix Special](#) - Call to Courage (Released April 2019)

[Brené's Dare to Lead Podcast](#) on Spotify